

# Switchback Travel Camping Checklist



## Campsite & Sleeping Gear

- Camping tent
- Sleeping bag
- Camping mattress
- Pillow
- Camp chair
- Headlamp (with extra batteries)
- Lantern

### Optional:

- Camp table (if no picnic table)
- Sunshade
- Sleeping bag liner
- Camping blanket
- Tent footprint/ground cloth
- Extra stakes
- Hammock



## Outdoor Clothing & Footwear

- Moisture-wicking baselayer
- Down or synthetic jacket
- Rain jacket
- Hiking pants and/or shorts
- Hiking shoes or boots
- Hiking socks

### Optional:

- Gloves
- Beanie
- Ball cap
- Camp sandals or slippers
- Swimsuit
- Neck gaiter/buff
- Long underwear
- Sleepwear



## Camp Kitchen Gear

- Camp stove and fuel
- Cooler (pre-filled with ice)
- Cookware and utensils
  - Pots and pans
  - Cooking utensils (spatula, large spoon, tongs)
  - Silverware (forks, spoons, knives)
  - Mugs/cups
  - Bottle/can openers
- Food prep and dish-washing supplies
  - Matches and/or lighter
  - Cutting board
  - Knives
  - Cooking oil
  - Paper towels
  - Measuring cups
  - Aluminum foil
  - Seasonings and condiments
  - Dish soap
  - Wash bin/portable sink
  - Sponges/scrubbers
  - Dish towel
  - Trash bags
  - Food and gear storage (Ziploc bags, plastic bins, etc.)

### Optional:

- Camp table (if no picnic table)
- Water jugs (if no potable water)
- Tablecloth
- Portable coffee/tea maker
- Firewood (if fires are permitted)
- Axe/hatchet
- Fire starter



## Health & Hygiene

- Toiletries
  - Toothbrush and toothpaste
  - Toilet paper
  - Soap/hand sanitizer
  - Lip balm
  - Toiletries kit (shower supplies, deodorant, etc.)
  - Quick-drying towel
  - Personal medications
  - First aid kit
  
- Sun and bug protection
  - Sunscreen
  - Sunglasses
  - Insect repellent

### Optional:

- Trowel or portable toilet (if no facilities available)
- Solar/portable shower
- Baby wipes
- Sun hat



## Personal Items & Extras

- Basic repair kit (multi-tool, duct tape, extra cord)
- Navigation (map, GPS, compass)
- Water bottle
- Earplugs and eye mask
- Batteries and/or solar charger
- Notebook and pen/pencil
- Book or Kindle
- Camp games
- Bear spray (if required)
- Activity-specific gear (daypack, fishing pole, etc.)
- ID, cards, and cash
- Cell phone with charger
- Campsite reservation
- Forest Service/park pass (if required)